



Epic Martial Arts

Class Schedule

Effective January 2nd, 2012

The Little Champions Program is 1x/week. Please be sure to speak with Sensei if you are interested in changing your scheduled day, or need to schedule a make-up class.

Junior, Teen and Adult Class Programs are based on twice per week. Students are welcome to attend as many classes as available for their age and rank in order to provide make-ups for absences or school closings...or to **TRAIN HARDER!!!**

4 - 6 yrs old Little Champion Classes

Belt	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Ranks	---	5:15 - 5:45	4:00 - 4:30	---	---	9:00 - 9:30

7 - 12 yrs old Junior Classes

Belt	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White	6:25 - 7:10	4:15 - 5:00	4:40 - 5:25	---	---	9:35 - 10:20
Yellow	4:30 - 5:15	---	6:25 - 7:10	5:25 - 6:10	---	10:30 - 11:15
Orange	4:30 - 5:15	6:00 - 6:45	---	Sparring 4:30 - 5:15 or 6:15 - 7:00	5:20 - 6:05	10:30 - 11:15
Blue	5:30 - 6:15	6:00 - 6:45	---		5:20 - 6:05	11:20 - 12:05
Green	5:30 - 6:15	---	5:30 - 6:15		4:30 - 5:15	11:20 - 12:05
Purple	5:30 - 6:15	---	5:30 - 6:15		4:30 - 5:15	11:20 - 12:05
Red & Up	---	7:00 - 8:00 (7-12 yrs old)	5:30 - 6:15 (7-12 yrs old)		4:30 - 5:15 (7-12 yrs old)	*12:15 - 1:15

Teen Martial Arts Classes (13 - 17 years old)

Belt	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Teen Martial Arts All Ranks	7:15 - 8:15	7:00 - 8:00	7:15 - 8:15	Sparring 6:15 - 7:00	---	*12:15 - 1:15

Adult Martial Arts Classes (18+ years old)

Belt	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Ranks	7:15 - 8:15	7:00 - 8:00	7:15 - 8:15	7:05 - 8:05	---	*12:15 - 1:15
Sparring & Grappling	---	---	---	8:00 - 8:30 (Sparring)	---	---

***The last Saturday of the month is Belt Graduation Day. There will be no 12:15pm class.**

For our Latest Class Schedule, go to: www.EpicMA.com

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